



ANZOS

Australian and New
Zealand Obesity Society

*"Working to Improve the Understanding and Management of
Overweight and Obesity in the Australasian Region"*

17th Annual Scientific Meeting

For more information, visit www.asso.org.au

23rd - 25th October 2009

The Sebel – Citigate Hotel Albert Park, Melbourne



INVITATION

"Obesity: Progress through Partnerships"

On behalf of the Organising Committee, I invite you to attend the 2009 Annual Scientific Meeting (ASM) for ANZOS. The 17th ASM will be held over the weekend of 23rd – 25th October 2009 at The Sebel- Citigate Hotel in Albert Park, Melbourne.

Obesity is a major health issue in the Australasian region and has become a major concern worldwide. Scientists, clinicians, dietitians and other health care professionals involved in obesity research or in the management of patients with obesity and other associated diseases (including diabetes, heart disease and hypertension) will benefit from the comprehensive programme created for this year's meeting. The 17th ASM provides an opportunity for members, together with local and international guests, to present their research for review and discussion. It also allows members the occasion to comment upon and contribute to the work programme of ANZOS. The theme for this year's conference is "Progress through Partnership". This theme reflects the need for co-operative action across all spheres of research, education, clinical practice and policy to ensure that we maintain a coherent, evidence-based approach to addressing obesity. Progress has been made but effective solutions will require the involvement of all disciplines and sectors within society. The preliminary highlights of this year's programme are listed in this brochure. I look forward to seeing you all at the 17th ASM in Melbourne.

Nuala Byrne, ANZOS President

VENUE AND ACCOMMODATION

The conference will be held at The Sebel - Citigate Albert Park, 65 Queens Road Melbourne. If you would like more information about the hotel their website is: <http://www.mirvachotels.com/sebel-albert-park-melbourne> We have secured special room rates at this hotel of \$163.00 (Citigate room) or \$183.00(Sebel room) per night for a queen/twin. This rate includes one breakfast only.

If you would like to take advantage of this reduced rate please contact the hotel directly indicating you will be attending the ANZOS conference. Phone +61 (0)3 9529 4300

Please remember your accommodation needs to be booked & paid directly with the hotel.

GUEST SPEAKERS

The scientific programme highlights include several national and international experts. Confirmed speakers include:

Prof Matt Sanders speaking on Parenting issues and obesity

Prof Bob Montgomery speaking on behaviour change

Dr Gerry Greenfield on the sympathetic nervous system in obesity

Dr Lyn Roberts, Chair of the Obesity Working Group of the National Preventative Health Taskforce.

Prof Ian Clarke, on thermogenesis and obesity

Prof Brian Oldfield on obesity research coalitions

In addition we have symposia addressing:

- Policy frameworks for obesity prevention
 - What have we learnt about obesity from cohort studies?
 - Emerging therapies for the treatment of obesity
 - Socioeconomic disadvantage and obesity
 - Issues in bariatric surgery
-

ABSTRACTS

Original communication is invited on any subject relevant to the understanding of obesity and the care of persons with obesity. All abstracts need to be received by the Administration office by Friday the **31st August 2009**. Details will be sent to the presenting author notifying them of their abstract being accepted for oral or poster presentation.

Decisions will be made by the Scientific Programme Committee and the outcome announced in early September. Authors are advised to register their attendance at the ANZOS ASM when submitting their abstract, thus taking advantage of the "Early Bird" registration. Should the submitted abstract not be accepted, the author will be entitled to a full refund of registration fees. The abstract form is attached with all relevant instructions.

TRANSPORT

No transport has been arranged from the airport to the conference venue. Taxis and buses are widely available

WORKSHOPS

Two series of workshops will be held on Friday morning at 10.00 until 1.00 and 13.00-15.00 prior to the first official session of the program. These workshops have been arranged to allow detailed discussion of a range of issues of special interest to ANZOS members and to raise issues relating to important partnerships for action. Attendance at these workshops is free to any person who has registered for the conference.

The current list of workshops includes:

- Early Career development in obesity
- Effective Parenting and obesity
- Clinical Care Systems
- Workplace settings for obesity prevention
- Public health and policy issues
- Surgical Interventions

Others will be added at a later date.

PROGRAM

Friday October 23

0900 - 1000	Registration & morning tea
1000 - 1200	Workshops series 1
1200 - 1300	Lunch (including Exhibition)
1300 - 1500	Workshops series 2
1500 - 1530	Afternoon tea
1530 - 1730	Plenary Session
	<ul style="list-style-type: none"> • Progress through Partnerships: what does this mean for research, practice and training? • Roundtable discussion
1800 - 1900	Welcome Reception

Saturday October 24

0730 - 0830	Registration
0830 - 0845	Official Opening
0845 - 10.00	Plenary Sessions
	<ul style="list-style-type: none"> • Effective parenting and obesity • Behaviour change
1000 - 1030	ASSO Young Investigator
1030 - 1100	Morning tea
1100 - 12.30	Free Communication sessions (3 tracks)
1230 - 1400	Lunch (including <i>Posters, Exhibition</i>)
1400 - 1530	Symposia (3 sessions)
	<ul style="list-style-type: none"> • Policy frameworks for obesity prevention • Addressing the barriers to conducting interventions to prevent and treat child obesity • Emerging therapies for the treatment of obesity

1550 - 1600	Afternoon tea
1600 - 1730	Free Communication sessions (3 tracks)
1730 - 18150	ANZOS Annual General meeting
Evening	Informal Conference Dinner (own expense)

Sunday October 25

0815 - 0830	Registration
0830 - 1000	Plenary Sessions
	<ul style="list-style-type: none"> • Genetic syndromes in obesity • Research coalitions in obesity
1000 - 1100	President's debate
1100 - 1130	Morning tea
1130 - 1300	Free Communications sessions (3 tracks)
1300 - 1400	Lunch (including <i>Posters, Exhibition</i>) Announcement of Best Student Oral and Poster Awards.
1400 - 1530	Symposia (3 sessions)
	<ul style="list-style-type: none"> • Socioeconomic disadvantage and obesity • Issues in bariatric surgery • Thermogenesis and Obesity
1545 - 1615	Afternoon tea and close

CPD points will be available for medical practitioners. Other health care professionals will need to make personal arrangements for certification.

REGISTRATION FEES

Registration*	Early Bird		Regular
	before 1 Sep	after 1 Sep	
Full member	\$520	\$600	
Full non-member	\$610	\$680	
Full student	\$270	\$290	
Full Student non-members	\$290	\$310	
Per Day Fri, Sat or Sun only	\$320	\$340	

★ Member rates are only available to current financial members of ASSO. If you have not paid your 2009/10 subscriptions, you must do so to be entitled to the member rate.

Full registration includes entry to all sessions, abstract book of conference proceedings, satchel, welcome reception (Friday night), lunch (Saturday and Sunday), morning tea (Saturday and Sunday) and afternoon tea (Friday and Saturday)

Students who are not ANZOS members are required to show proof of student status at the time of registering for this meeting. Please fax the relevant document to Dr Tim Gill, (02) 90363184. Extra Welcome Reception tickets are available at \$30. Please indicate on the Registration Form if you will be attending the Welcome Reception and whether you require any additional tickets.

HOW TO REGISTER

Please see the attached form. Completed applications forms should be sent via ordinary mail to the ASSO Administration (P.O. Box 103 Glenside South Australia 5065). On receipt of a completed registration form and correct fee, each participant will receive confirmation of their registration. *Shortly registration will be available online from the ASSO website www.asso.org.au.* Participants must bring this confirmation to the Registration Desk as proof of their registration. Registration will be open from 8am on Friday, October 23rd at The Sebel Albert Park, Melbourne.

PAYMENTS

In order to be processed the registration form MUST be accompanied by payment. Acceptable forms of payment include cheque (drawn on an Australian bank in Australian dollars) or credit card (VISA, MasterCard). Cheque for registration fees are payable to ANZOS.

Accommodation is to be payed directly to the hotel.

CANCELLATION POLICY

All cancellation and refund requests must be notified in writing to ANZOS. Cancellations received before the 1st October, 2009 will receive a full refund less \$100 processing fee. After this date no cancellations will be accepted, although they can be transferred to another delegate.

YOUNG INVESTIGATOR AWARD

ANZOS members are also reminded that they may apply for consideration for the prestigious **ANZOS Young Investigator Award**. This award is presented to an ANZOS member aged 35 years or younger (or within 5 years of obtaining their postgraduate award). The award is based on a consideration of the originality, ingenuity and productivity of the applicant over the past 5 years and an assessment of their potential for further contribution. Full criteria for this award and details on how to apply are available on the ANZOS website at www.asso.org.au. This award will be presented at the 2009 ASM. The deadline for this year's award will be **September 4, 2009**.

STUDENT TRAVEL GRANTS

Financial student members of ANZOS who are submitting an abstract for presentation at the meeting may also apply for assistance in the form of an ANZOS Travel Grant. Applications must be made in writing on the Travel Grant Form which can be downloaded from the ANZOS website at www.asso.org.au or by contacting the ANZOS Executive Officer at t.gill@usyd.edu.au Applications must be received by Dr Tim Gill before 5pm on Friday 18th September 2009.

SOCIAL PROGRAMME

The Welcome Reception will be held on Friday night the 23rd October from 1700 – 1800.

An informal dinner is being arranged for those registrants wishing to attend on Saturday night, October 24th. This event is not covered within the registration fee and will be at registrants' own expense.

TRAVEL INSURANCE

The registration fee does not include any travel insurance for the ASM and the ANZOS Secretariat cannot take any responsibility for any participant failing to arrange their own insurance. Delegates are encouraged to make their own insurance arrangements to cover any loss caused by unforeseen delay, circumstance or cancellation.

CONTACT INFORMATION

Conference

Abstracts

Mrs Sheryl Lee asso.adm@ozlee.com.au

Registration

Mrs Sheryl Lee asso.adm@ozlee.com.au

Sponsorship/Exhibition

Dr Tim Gill t.gill@usyd.edu.au

Accommodation

The Sebel –Citigate, Albert Park Melbourne
.....

Contact

Phone +61 (0)3 9529 4300

WWW www.mirvachotels.com

General Information

Contact Sheryl Lee

Email asso.adm@ozlee.com.au

ANZOS 2009 ASM Conference Organising Committee

Anna Peters

Nuala Byrne

Janet Hope

Dr Tim Gill

Sheryl Lee

FORMS ATTACHED

1. Conference Registration Form
 2. Abstract Submission Form
-